



The Association
SPORT PROJECT of Rome, Italy,
presents:

Vacation, mountains and lots of volleyball training

The weekly rate includes:

- Full board from Sunday dinner to Saturday lunch included
- 1 test training on all fundamental skills
- 11 training sessions of two hours each
- 2 final tournament sessions of 2 hours each
- Training teams of 14 players and 2 coaches
- Video session analysis of training
- Daily entrance to the swimming pool after practise
- Fun game and activities as karaoke, treasure hunt, dance
- One trekking session in the surrounding mountains
- One special beach volley clinic and first aid class
- Final awards ceremony with individual and team prizes
- Insurance, camp t-shirt, back back and water bottle



- At camp you will find an International atmosphere with Italian and foreign campers and coaches
- Camp starts on Sunday afternoon between 15.00 pm and 17.00 pm and will end the following Saturday at 14.00
- Beginners to high level players can participate at camp



FIRST SESSION 21-27 JUNE
THIRD SESSION 5 - 11 JULY
SECOND SESSION 28 JUNE - JULY 4



HOTEL LA CORTE 4****

follow us on



- At the International Volleyball Camp you will improve your individual technical skills throughout the week of training led by Italian and International high-level coaches
- In Cascia (Perugia) you will find the ideal climate to train in the heart of Italy only two hours away from Rome
- La Corte Hotel is a beautiful 4 star facility with swimming pool owned by the Magrelli Group. Here you will find typical Umbrian cuisine, great hospitality, and a fantastic sport facility with all you need for a fantastic week of volleyball training. At camp you will have lots of fun and you will make new friends from all over the world

application online:
www.volleycamp.it

SPORTUNO
lo sport dal 1982
sportuno.it

SPORT PROJECT A.S.D.
PHONE 0039 06 98353266
e-mail: info@volleycamp.it